



RURAL UTAH CHILD DEVELOPMENT

HEAD START AND EARLY HEAD START

Dear Family,

Our class will soon begin using *Talking about Touching: A Personal Safety Curriculum*. This program teaches children skills that will help them keep safe from dangerous or abusive situations. Children will also learn how to ask for help when they need it.

Over the next few weeks, you will receive a series of letters that provide information about how you can help your child learn and practice safety rules taught in the classroom lessons. Children learn more about safety and are more likely to follow safety rules when they have multiple opportunities to practice and talk about safety with their family. I'd like to encourage you to help your child learn and practice safety rules.

As part of this curriculum, children will be viewing a film called "Joey Learns the Touching Rule". Parents are welcome to preview the film at any time. If you do not want your child to view this film, contact us as soon as possible. If we do not hear from you, all children will participate.

Optional sentences:

1. You can learn more about the program and how you can help teach your child about safety rules.
2. The video *What Do I Say Now? How to Help Protect Your Child from Sexual Abuse* was produced for parents and caregivers of young children. If you would like to set up a time to watch this video, please contact your Onsite or Family Advocate. It will show you how to teach and reinforce safety skills taught in the lessons.

If you have any questions, please give us a call.

Sincerely,