



Rural Utah Child Development Minutes of the Health Advisory Committee

November 11, 2020

I. Call to order

Heather Odendahl called to order the biannual meeting of the Health Advisory Committee at 12:00 pm on November 11, 2020. The meeting was conducted virtually.

II. Present at meeting

The following persons were present: Donna Mathis, Christina Pay, Kobi Prettyman, Laura Dotson

III. New business

- a) Agency Updates. Laura Dotson from USU Nursing informed the committee that a plan for weekly COVID testing for students and faculty using rapid screening is pending approval. Donna Mathis from Gagon Family Medicine stated they are hoping to do rapid testing for COVID soon. Christina Pay from USU Nutrition explained that the nutrition office is holding all classes virtually due to the recent state mandates.
- b) RUCD COVID Plan. The plan was emailed to members to review before the meeting. Heather highlighted several key points, such as the suspension of tooth brushing and family-style meals. The classroom cap during COVID has been 17 students due to licensing. Home-Based is doing virtual visits with the new mandate from the governor. RUCD has had only one positive case of COVID to date, which caused a center's closure for a few days. Heather asked if a household member tests positive should other household members get tested after seven days or need to quarantine for 14 days. Donna stated this had changed a few times, but at this time, the household members can test between 5-7 days. When rapid tests are positive, that person would then quarantine until additional results were received.
- c) Radon Detectors. Heather asked if radon is an issue in Utah and if RUCD centers need detectors. The members present felt that they were not able to advise on this subject. Christina referred the committee to the Utah Department of Environmental and Radiation Control, and there is a section by zip code. Heather will reach out to SEUDHD for additional resources.

- d) Online CPR/FA Certifications. Due to COVID, RUCD is having issues getting staff trained. Heather asked the committee if online courses such as cprcare.com are a credible option. Donna stated that they would need to be approved by the American Heart Association. Laura said many nursing students are using the American Heart Association Website and the skills section needs to be tested out. A certified CPR/FA instructor can test the skill section for certification.
- e) Health Screening Overview. Heather reviewed and explained the DataSay health dashboard to the committee and summarized screening and exams for the 2020-2021 program year. An explanation of which screenings are completed by RUCD staff and equipment used for those were given. Additional exams such as physical and dental are not due yet, and Heather will update the committee at the next meeting.

IV. Next Meeting

The next meeting will be held in the spring of 2021.

V. Adjournment

Heather Odendahl adjourned the meeting at 1:00 pm.