

Health Advisory Committee

November 19, 2019

Members in Attendance: Donna Mathis, Julie Mathews, Jessie Jewkes, Kathryn Barrington, Christina Pay, Kobi Prettyman, Amy Ruggeri

Head Start Staff in Attendance: Heather Odendahl, Shanel Gray, Cindy Stansfield

Welcome and Introductions:

Heather Odendahl the Health and Nutrition Specialist welcomed all HAC to the 11/19/19 meeting. All members introduced themselves.

Agency Updates: Kathryn Barrington from the Division of Workforce Services announced they will be implementing new programs in January including TAM, Adult Medicaid Expansion and a TANF program to help family housing. Kathryn will have updates at the next meeting.

Parents as Teachers (PAT) is a free home visiting program offered by the Health Department for children 0-5 and prenatal families focusing on growth and development. To be eligible you need to qualify for Medicaid and/or WIC, first time, single parent or teen parent, disabilities, mental health condition, a child born underweight or too early, foster care or adopted, no high school diploma or GED. Visits could be weekly or monthly visits depending on the need of the family. PAT is used as the curriculum for Early Head Start. Hopefully, by December 1, they can help 40 families in Carbon, 15 in Emery and 5 in Moab. Services will last until they turn 5 or they age out. Referral forms were included. All resources are in English and Spanish.

Heather's update for Head Start: Head Start completed the continuation grant. RUCD should find out the results in June 2020. This year was a competitive grant. We were able to hire grant writers.

Discussion Items:

Education Overview: Shanel Gray gave an overview of the Education components including ASQ's at Head Start and the follow-up. The DECA is being used as a follow up mental health screener. That is also a social-emotional screener. Brigance and PEEPS is a profile so when they leave the program it can show the kindergarten teacher where they are developmental. Highscope, COR, and Toybox are also used as curriculum tools and the reports can be used for

Parent-Teacher Conferences. RUCD had education coaches that focus on the teachers working with the children. Our class scores have increased dramatically since we started using coaches.

Prenatal Screener/Information on Maternal Depression: Heather asked if anyone has a prenatal screener. Donna Mathis stated they do a screener on depression for anyone over 12 years old. It's not a very invasive questionnaire. RUCD is looking into ACES.

PAT has a screener from the University of Utah.

Immunization HIB – USIIS – a lot of Doctor offices are not utilizing USIIS. She requested some dates of when the immunizations are due. Some children show they are current but they are missing a dose of a vaccine. The next step would be to contact USIIS.

Overview of Health Screening 19-20 – Heather provided a handout showing where we are currently with Head Start's health information. If a child fails a hearing test, the parent is referred to the medical home, then the medical home would refer the child to an ENT if needed. Heather went through the totals with members.

Head Start will be reaching out to underweight and overweight families and refer them to the Health Dept. for resources.

PAT and USU can help with the nutrition part of the overweight and underweight.

PAT provides activities at the home which would include exercise or type of game.

Schedule Next Meeting & Adjourn: The next meeting will be sometime in April. Members would prefer a month's notice instead of scheduling now.