



RURAL UTAH CHILD DEVELOPMENT

HEAD START AND EARLY HEAD START

Health Advisory Board

Meeting 4-23-19

Price, Utah

Members in Attendance:

Marilyn Fuller, Sara Braby, Gwen Anderson, Kizzy Ellington, Deena Stockburger, Ellen Serfustini, Dr. Madsen, Hollie Stapley.

Head Start Staff in attendance:

Heather Odendahl, Heele Eden, Julie Justice, Cindy Winward

Welcome and Introductions:

Heather Odendahl the Health and Nutrition Specialist welcomed all HAC to the 4/23/2019 meeting. All members introduced themselves.

Agenda Items:

Self Assessment: Julie Justice the Comprehensive Services Coordinator for RUCD explained Self-Assessment. RUCD uses a program called DataSay to compile ongoing monitoring and services received throughout the year to review the Head Start Performance Standards and where RUCD is for the current year. On April 25, 2019 the Policy Council of RUCD will meet and review the Self Assessment data. All HAC members are welcome to participate.

Julie Justice asked the HAC members if they have a tracking system for referrals. Being able to track services through partnerships on how many RUCD families are successfully receiving services through partnerships would be helpful. RUCD has a program for referrals but not a tracking system.

Gwen Anderson from the Health Department suggested a questionnaire, families fill one out and then make referrals based on the information the parent gives. It was suggested to add a question on how the family found out about Head Start. Sara Brady from the Health Department asked if RUCD needs numbers or information for specific children. Sara stated the Health Department has a tracking system through their billing, it wouldn't bill but they could enter the question to track it. Sara Brady said she will look into that to see if it is possible to gather that information and report back. RUCD has a referral system in ChildPlus and will utilize this system to see if it will work as an ongoing referral system.

Heather Odendahl asked the HAC how they meet screening timelines, address the health needs of children and families and provide preventative health resources to the community? Heather Odendahl stated that RUCD is struggling to get the children into Well Baby and Dental Exams but also not getting the vision and hearing follow-ups if they fail the initial screener. Sara Brady said every child gets a physical that comes through the health department on WIC. RUCD will utilize the partnership better. Physicals and dental aren't mandatory for Head Start but they are highly recommended. Sara Brady stated she gets a list from the state so they can call the parents of children on Medicaid. Head Start has a partnership with WIC. Gwen Anderson suggested providing a list of dental providers. Sara Brady also

has a varnish list of children receiving the dental varnish at the Health Department. There will be a free dental clinic in Castle Dale office this summer, once Heather receives this information she will get it out to families.

ACES: ACEs (Adverse Childhood Experiences) is a survey RUCD is training staff to do. ACE's is a survey that is specific to childhood experiences and how it impacts their health long term. Julie Justice stated that RUCD would like to find a way to implement this. Gwen Anderson suggested implementing it with EHS as well as HS children. Ideally, introduce it to the parents as an awareness tool. Gwen Anderson attended ACES training at the Head Start center in Vernal, it's good to catch the kids at a younger age instead of waiting until they are 8-10 years old. Ideally, to introduce this to parents, and provides resources. This is more of an awareness for parents. HS will be providing this training in the fall and will invite the community to the training. Marilyn Fuller, PC Member, stated Four Corners does provide services for low income. Gwen Anderson stated Four Corners will use a school grant for school-age children with private insurance as well.

EPSDT and CHEC: EPSDT (Early Periodic Screening Diagnostic Testing) and CHEC – Heather Odendahl is finding that most doctors aren't requiring these exams. Dr. Madsen stated that he does the exams at 12, 18 and 24 months and every year after. If there are growth or development then they would do exams at 15 and 30 months. M-CHAT is completed for children with concerns (Autism screener) between 18 to 30 months. Gwen Anderson stated it isn't used as much as it should. This can be found on the internet, it's about 20 questions.

Anemia testing is completed once the child turns 12 months and annually after. Heather Odendahl asked if RUCD should continue to do testing yearly or just the initial testing. Dr. Madsen is curious about the results of the anemia testing results. Heather Odendahl said most tests come back normal and about 15-20 percent of the RUCD kids show results of anemia. Dr. Madsen questioned if the testing is accurate, sometimes when it's low, additional testing at a lab will show normal.

Volunteer Health Declaration: Heather Odendahl asked the HAC if RUCD should have volunteers fill out a health declaration such as a physical. Is it appropriate to ask if they are healthy or have anything RUCD should be aware of such as communicable diseases? Dr. Madsen stated it wouldn't be a violation of any law and it would be okay for RUCD to ask. RUCD will add it to the volunteer application.

Growth Assessments: Growth assessments and physicals show if a child is overweight or underweight. Overweight and underweight assessments are considered high risk through WIC and are referred to the dietitian at the Health Department. If families are higher income, WIC can still work with their families. Early Intervention has a private contract where they can receive WIC services. The WIC Dietitian tracks their progress. Dr. Madsen would like to know if the Health Department has success.

Over the Counter Products Permission: RUCD recently opened a center-based program serving children 0-3 years old. The center is open six hours per day. Heather Odendahl asked if we need a doctor's permission or the parent's permission to use diaper cream. Dr. Madsen stated simple recommendations should be fine. Rash cream is not considered a medication but if the rash lasts more than a few days, it should be checked by the family's physician.

Staff Health and Wellness Partnerships: Heele Eden oversees the Policy Council for RUCD. Policy Council is a group of parents and community members that meet once a month. Policy Council asked if in addition to hand washing, could the staff and children use hand sanitizer? Dr. Madsen stated that it's acceptable to use hand sanitizer in addition to hand washing. The reasoning behind the question is absences due to illnesses. Dr. Madsen said it's fine.

Staff Health and Wellness is in the Head Start performance standards. RUCD partners with different agencies within the counties served. RUCD is looking into staff physicals and if it's best to go to one designated doctor for physicals and Workman's Compensation claims? Dr. Madsen said provider costs may be a factor in this process. Different businesses in the past used a designated provider, but not as much anymore. Workpoint might be an option. It's difficult to designate a specific doctor since RUCD is in so many different counties.

Change of Address:

RUCD's new billing and physical address has changed to 1375 S 100 E Price, UT 84501.

Heather Odendahl thanked Dr. Madsen for working so well with RUCD in ensuring the children we both serve are healthy.

Next Meeting:

Next Meeting is tentatively planned for October 22, 2019.

Additional Items:

Family Community Resource books are complete. If you are interested in the resource books, contact Cindy Winward at cwinward@rucd.org.

Gwen Anderson asked a question regarding immunizations for Head Start. If the child has the proper exemption forms they are able to attend Head Start. Otherwise, the child must be up to date to attend class.

DCFS looks at immunizations as the parent request, it isn't mandatory to immunize. They do recommend it. They are looking at making it mandatory.